

MINUTES

Twin Cities Area Service Conference of Narcotics Anonymous

June 21, 2008

Sabathani Community Center—3rd floor, Room J

OPENING

The meeting was opened with the Serenity Prayer at 11:01 a.m. Readings were as follows:

12 Concepts — Pam S.

12 Traditions — Tony J.

12 Steps — Eric

INTRODUCTIONS

Newcomers welcomed—0

GSRs present—?, Quorum (17) was met. [Avg. of last 3 months x .67]

APPROVAL OF MINUTES

May's minutes delayed. Will be sent out as soon as possible.

OFFICER REPORTS

CHAIR— AMANDA H..

Nothing to report. Thank you for letting me be of service.

CO-CHAIR—PAM S.

Nothing to report. Thank you for letting me be of service.

SECRETARY— Sesany F.

Family,

I apologize for being absent last month. I will be sending out May's minutes soon.

Thank you for allowing me to be of service.

-Sesany F.

CO-SECRETARY—Matt C.

Absent. No report submitted.

TREASURER—Buddy K.

| May 2008 Last month's ending balance | | \$3,584.59 |
|---|------------|------------|
| Ending Balance From Bank Statement | \$4,775.77 | |
| Minus Total of Outstanding Checks + Fees + Early Deposits | \$1,191.18 | |
| Equals the Reconciled Bank Balance | \$3,584.59 | |
| Discrepancy Should equal Zero | \$0.00 | |

| | | | |
|--|---|-----------------|------------------|
| Beginning Balance (Always the Reconciled Bank Balance) | | \$ | 3584.59 |
| Proceeds | | | |
| Group Donation (from attendance Sheet) | | \$614.72 | |
| Other Proceeds Total (list name and amount individually) | | | |
| | - | | |
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| | - | | |
| Total Proceeds | | | |
| \$ | | 614.72 | |
| Subtotal (Beginning Balance Plus Total Proceeds) | | \$ | \$4,199.31 |
| Expenses (always checks written) | | Check # | \$ Amount |
| UMSO -Hand I lit. for learning day and misc.printing (Lit =-\$262.52) (\$111.43 printing) | | 3094 | \$373.95 |
| Activities Comte for Unity Picnic location.. | | 3095 | \$100.00 |
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| Total Expenses | | | |
| \$ | | | 473.95 |
| Ending Balance (subtotal minus expenses) | | \$ | 3,725.36 |
| Deposits | | Date | \$ Amount |
| Checking Deposit Date and Amount | | 05/27/08 | \$614.72 |
| Checking Deposit Date and Amount | | | |
| Checking Deposit Date and Amount | | | |
| Total deposits (should equal total proceeds) | | \$ | 614.72 |

CO-TREASURER—AMINA W.

Nothing to report. Thank you for letting me be of service.

RCM—Tony J.

****Please see attachment for Strategic Planning Model discussed at the June Area meeting****

RCMA—Ryan

06/21/08

Twin Cities Area:

The Minnesota Region meeting was held Sat June 14th. I attended the meeting from 12pm to 1pm, but was unable to attend the rest due to a flight that had been scheduled for that same afternoon. I apologize for the inconvenience to this body and would like to thank Tony for be so understanding. My report will pertain solely to the first hour of the meeting with was a report given by our Regional Delegate and Regional Delegate alternate regarding the World Service Conference held in Los Angeles earlier this year.

Kit, our Regional Delegate went though the CAR (conference agenda report) and discussed a few items that he felt would benefit from a little extra explanation. Such as Motion #9 which regarded whether or not to have Roman or Arabic numerals on our medallions; Kit said that this was the most discussed motion of the CAR and that the service office agreed to go back to using Roman numerals making the motion unnecessary.

Kit also pointed out that Motion #23 had passed, which affects the approval process for service related literature. Essentially it states that all service related literature can be approved by the World Board for distribution after being sent to conference participants for a 90-day review period. Service tools, PR material, bulletins, and other material will continue to be developed and approved by the world board. The process for the approval of recovery related material stays the same and must be passed on to the groups before being approved.

JJ's report is as follows: There will be workshops held in Oct. from the Zonal Forum and NAWS. NAWS is looking for individuals to submit their service resumes to www.na.org so that they may be chosen for special service engagements.

www.na.org is getting updated and will have a whole new look. He showed us examples of a few pages and it look much cleaner and easier to navigate even if it did look like an insurance companies website.

Two new pamphlets are out, and updated Membership Survey and Information About NA. Both are great to have at PI commitments.

The PR handbook is being reviewed and has so far been well received.

Thank you for allowing me to serve.

Ryan

POLICY CHAIR—Open

SUBCOMMITTEE REPORTS

ACTIVITIES—Dick

Dick was unavailable to give his report. Report given by Dwight, but not submitted.

BANQUET—Barb K.

Banquet Report 6-21-08

The TCASC 25th Banquet is really shaping up. We have the facility, the DJ, the caterer and the speaker. We now are working on some of the details and also selling tickets for \$20.00 each. We have sold a good number of tickets already and will be turning in the money to the treasurer on Sat. at the area.

If you go to meetings where no one has been selling tickets and you would like someone to show up, let someone on the com. know. You can call Barb K. @612-735-7578. Also, remember to enter the drawing for the free ticket to the Banquet. The drawings will be held at the area meeting in June, July, August. We are also looking for raffle items for the silent raffle and items for the silent auction. Tony J. can be contacted for that info.

We hope everyone is as excited about our 25th banquet as we are. Remember, 25 years of “Keep Coming Back” is something to celebrate. If you are interested in helping set up on Sept. 20 or are willing to help take down at the end, leave your name & number with Barb or Amber Lynn.

Thanks for letting us serve. Banquet Com.

HELPLINE—Brandon S.

THE TOTAL CALLS TO THE HELPLINE WERE 287. ALL SLOTS ARE FULL. I WILL BRING A SHEET FOR NEW FOLKS TO SIGN UP AND THOSE WHO NO LONGER WOULD LIKE TO BE ON THE PHONE LINE CAN REMOVE THEMSELVES. AS FOR THE RECORDING THIS MONTH, I HAVE MADE ALL THE CHANGES THAT NEED TO BE MADE, HOWEVER I HAVE HAD TROUBLE WITH FITTING ALL THE INFORMATION ON THE RECORDING FOR FRIDAY (THERE ARE TOO MANY MEETINGS ON THAT DAY TO FIT ON THE RECORDING NO MATTER HOW FAST I READ) I THANK GOD AND THE FELLOWSHIP FOR SUCH A LUXURY!

THANK YOU FOR THE OPPORTUNITY TO SERVE

BRANDON S.
H&I—JESSE S.

Twin Cities Area Service Committee

Hospitals & Institutions Sub-Committee

AGENDA – June 21, 2008 – 9:30 AM

Jesse – Opens Meeting with Serenity Prayer at 9:30 AM – SHARP!

Items

1. Introductions
2. Welcome Newcomers to the Sub-committee
3. Pass out updated Metro H & I Lists; Pool; Minutes; Agenda – Monte
4. How many at this meeting are existing panel leaders? Panel Speakers?
5. How many are here to obtain an H & I panel leader commitment for yourself or your group? (Who, from where, when?)
6. How many are here to obtain an H & I speaking commitment? (Who, where, when?)
7. Is anyone here bringing information of a new H & I commitment? (What, when, who?)
8. Follow-up to from H & I Learning Day and previous H & I sub-committee meetings:
Park
Avenue Center (Jake V), Christian Recovery Center (Michelle B), CTSI (Ryan and/or Charles), Ramsey Correctional (Richard), West Metro (Eric B), or Spring Lake Park High School (Andy N)?
9. Panel Leader Orientation Packet Draft – Toni and Andra
10. Literature Packets for H & I Commitments – UMSO – Jude

Open Forum

Leave 10 minutes to discuss any items not listed here.

Adjournment – 10:20AM

Twin Cities Area Service Committee

Hospitals & Institutions Sub-Committee

Minutes – June 21, 2008

Opened with Serenity Prayer at 9:50 AM

We had 6 people in attendance, and 1 newcomer was welcomed on Saturday, June 21, 2008.

Items

- There will be a possible H & I Learning Day – co-sponsored with the Area of Hope and South Suburban Fireside at some point in August. Jesse will reach out to Joe and Brent (Area of Hope and South Suburban Fireside H & I Chairs). Jesse will look into using the church on 1800 Glenwood in Minneapolis as a possible location.
- Jude will call through existing panel leaders and check in with them and make sure they know they can get free literature for their H & I commitments at the UMSO.
- Charles N is leading a H & I panel at the Mission Lodge Detox in Plymouth. Charles started this commitment and it occurs every Sunday from 2 to 3 PM.
- Charles and Jesse are looking into starting another H & I panel at the same facility on every Wednesday. More on this later
- Monte will update the existing H & I Meeting List for the TCASC and send out with the minutes.
- In addition, Monte will send out an abbreviated handbook to everyone. Those wishing for the

complete handbook, just email Monte and he will get you one.

- The next sub-committee meeting will be held on July 19, 2008 at 9:30 AM Sharp.

TCASC H & I Sub-committee meets every 3rd Saturday of the Month 9:30 AM at the Sabathani Community Center –
310 East 38th Street in South Minneapolis.

LITERATURE—Open

OUTREACH—Pete V.

Nothing to report. Thank you for letting me be of service.

PI—Dan

TCASC PI REPORT FOR JUNE 2008

DAN M. CHAIR

ANALYSTDMC@HOTMAIL.COM

612-910-2686

SUBJECT: MEETING LIST UPDATES DONE

INMATE LETTER GOOD SERVICE OPPORTUNITY TO WRITE HIM BACK
THX DAN

PLEASE CHECK JUNE MEETING LIST FOR ERRORS AND CORRECTIONS FOR JULY

MEETINGS THAT ARE NOT THERE ANYMORE DELETED

CONTACT NUMBERS FOR ALL MEETINGS AND CHAIRS # AND E-MAIL
ADDRESS

GOOGLE WEBSITE MAP TO MEETINGS FOR MINNESOTA/Please add the
following to the “meeting list” page of the www.naminnnesota.org website

<http://maps.google.com/maps/ms?ie=UTF8&hl=en&msa=0&msid=118425999307514676755.0004456c8f06efe679353&t=h&z=6>

THANKS TO MONTE.

ANNOUCMENT OF PI COMMITTEE FORMATION PLEASE CONTACT ME

PLEASE CALL ME IF YOU ARE INTERESTED IN JOINING THE PI COMMITTEE
THX DAN

PI SERVICE OPPORTUNITY

JULY 14-16 2008 Greetings Members of the Minnesota Region;

NAWS (Narcotics Anonymous World Services) contacted me to request a collaborative effort in having an NA presence at the Guest House Summer Leadership Conference. NAWS has had a presence at this conference in various locations across the country for several years. This is the first time it is to be held in Minnesota. The people from Guest House have expressed gratitude for our past participation and want NA to continue to be present with a display, literature and members to answer questions about NA in Minnesota and elsewhere. I have contacted several people in the Region and all agreed that it would be consistent with NA's mission to carry the message of recovery in Minnesota and around the world. Having a presence at these types of event has been something Minnesota NA has not been good at in the past. NAWS is willing to subsidize the literature and other materials for the display. Our primary job is to have people be present at the table to give away our literature and answer questions to the best of our ability. I would expect that we would use the PI/PR budget to create a banner that can be used at future PR events. As this is a professional conference it is an expectation that members wishing to volunteer to be at the table have attire that is business or at least business casual. This is a significant PR event for us and we want to put our best foot forward. Please submit names and contact information for those who would like to participate/volunteer their time, to me at gr8fulj@newulmtel.net as I will be coordinating this NAWS/Minnesota Regional PR event. Here are the details:

Summer Leadership Conference

Please mark your 2008 calendar for the Summer Leadership Conference. It takes place in Bloomington, Minnesota, July 14 - 16, 2008. **(This is a Monday, Tuesday and Wednesday with a specific location and times TBD.)**

Information on the Guest House

The Guest House mission is to provide the information, education, treatment and care needed to assure that clergy, men and women religious, and seminarians suffering from alcoholism and other specified addictions have the best opportunity for quality recovery.

Opened in Michigan in 1956, Guest House is a nonprofit, charitable organization dedicated to the treatment of Catholic priests, deacons, brothers, seminarians and (since 1994) women religious with alcoholism, other chemical dependencies and related problems.

More than 7,000 priests and religious have been cared for! They have come from more than 165 dioceses, 120 religious communities and 48 countries worldwide. The vast majority have returned to their ministries renewed in health, purpose and spirituality.

7th Annual Summer Addiction Conference

**July 14-16, 2008
Bloomington, Minnesota
Hilton Minneapolis South**

Culture and Commitment

will focus upon the societal, personal, and institutional costs of addiction and trauma; and the spiritual, communal and physical aspects of healing. Men and women in Leadership, seminary personnel, spiritual directors, formation directors, as well as continuing education directors are encouraged to attend.

MONDAY July 14, 2008

1:00 PM-3:00 PM REGISTRATION

3:30 PM-5:00 PM INTRODUCTION & ORIENTATION SESSION

6:00 PM-7:00 PM DINNER

7:15 PM-8:15 PM PLENARY LECTURE

Rev. Jaya Pathy, S.J.

The Trauma of Addiction, Recovery and the Role of Leadership.

All alcoholics are equal; however, the priest or religious alcoholic bears an added burden. While hosting the same disease, similar problems, a similar road to recovery, and the same 12 steps as any alcoholic anywhere in the world, as a priest or religious, he also has his own particular issues. Specializing in the moral and spiritual realms of life and engaging in the 'holy' mission of being servants of the Kingdom, his life and mission coalesce into one. He has a 'secret' that the authorities and he would rather keep under wraps than damage the 'holy' ecclesiastical image. His 'secret' world is his own private hell. Leadership is torn between pastoral care and moral mindset. Leadership will be more effective by becoming wiser about the disease and being wise in changing what can be changed.

8:30 PM-9:30 PM OPEN AA MEETING (Optional)

TUESDAY July 15, 2008

8:00 AM BREAKFAST

9:00 AM—10:00 AM PLENARY LECTURE

George E. Vaillant, M.D.

God is Love; Science in Defense of Faith.

What are the prevailing factors that allow for healing and recovery in the face of great adversity in individual lives, such as alcoholism and other traumatic events as evidenced through the personal stories of those in recovery and the realities of science?

10:15 AM—11:45 AM MORNING SEMINARS

OPTION 1 - George E. Vaillant, M.D.

Strength, Hope, Experience, and Gratitude in the Church Today.

This session will be an opportunity to share participants' experience, strength, hope, and gratitude with an attitude toward healing in the Church.

OPTION 2 - Lynn Stasior, M.D.

Addiction 101:

An overview of the addictive process including the spiritual, physical, and psychological or emotional aspects of addictive disorders. The material will be helpful in understanding the signs and symptoms as well as the disease of addiction as it presents in various persons and circumstances.

Culture & Commitment Schedule

3900 American Boulevard West

Bloomington, MN 55437

(952) 893-9500

Conveniently situated in the thriving, upscale Minneapolis suburb of Bloomington, Minnesota, the Hilton Minneapolis/Bloomington hotel offers guests the ease of extensive nearby shopping and dining at the Mall of America or Southdale Center as well as quick, convenient access to the Twin Cities business community.

This new Hilton property, with its glistening glass and brick exterior, will offer guests unparalleled friendly service in a warm and welcoming environment. The full service Hilton

Minneapolis/Bloomington will provide every array of amenity and serve as the perfect destination for both business and leisure travelers.

Minneapolis/ St. Paul Airport

Distance from the hotel: 8 miles

Drive time: 10 minutes

Directions from airport: Southwest out of terminal, merge onto West 5-1.6 miles. Merge Interstate 494 - 6.5 miles and exit on France Ave. Turn left and go south at the stop light, go over freeway to American Blvd. West exit. Turn right into hotel parking lot.

George E. Vaillant, M.D., is a Professor of Psychiatry, Harvard Medical School, Director of the Study of Adult Development, Harvard University Health Services, and Director of Research in the Division of Psychiatry, Brigham and Women's Hospital. He is author of, The Natural History of Alcoholism Revisited, a comprehensive study of alcoholism. Dr. Vaillant lectures widely on alcoholism and addiction and is one of the foremost researchers in the field.

OPTION 3 - Rev. Arthur J. Espelage, O.F.M..

**Healing, Reconciling, and Restoring Ecclesial Confidence in America:
Can Canon Law Help?**

This presentation looks at issues associated with addictive behaviors of priests and religious through the eyes of a canon lawyer in the Catholic Church. As the title suggests, Canon Law's traditional concerns with ecclesiastical rights—both of individuals and of the community as well as its interest with the preservation and better implementation of those rights through ecclesial structures and procedures—offer some practical possibilities for leadership and members to consider and possibly enact as needed.

OPTION 4 - Dennis Henning

Obesity, Trauma and Recovery related to the use of food as medicine to cure emotional pain in Religious Life. This workshop will look at the physical, emotional and behavioral health issues that religious men face when using food to meet their personal needs.

11:45 AM LUNCH

1:15 PM-2:15 PM PLENARY LECTURE

John C. Gonsiorek, Ph, D.

Human Sexuality, Celibacy and Recovery.

This presentation reviews how the addiction process affects sexuality; how recovery tends to elicit unresolved sexual concerns; and how aftercare plans can address sexuality issues.

2:30 PM-4:00 PM AFTERNOON SEMINARS

OPTION 1 - Rev. Steven A. DeMartino, MPA, CASAC

From Epektasis to Hozro: the impact of addictions on personal and institutional boundaries, and the impact of recovery in the healing and reconciliation of systems. How do addictions affect boundaries and relationships? How might we deal with these difficult relationships, both interpersonally and organizationally, recognize them early, and learn appropriate strategies for negotiating such relationships? How might we better understand that recovery and healing from addictions and compulsive behavior patterns hinges upon identifying and maintaining healthy boundaries?

OPTION 2 - Kathleen M. Spitz, MA, NCC, LPC

Dual Diagnosis—What is it and How to recognize it.

This seminar will address

Co-Morbidty disorders by defining Co-Morbidty, and discussing the statistics on the prevalence of Co-Morbidity, the impact of the disorder on the treatment of addiction and the best practices for treating co-morbid addiction and mental health issues.

OPTION 3 - Rev. Richard L. Chiola, Ph.D.

Sexual Addiction, Trauma and Healing.

Aspects of sexual addiction, compulsivity and recovery will be reviewed. The workshop will cover types of addicted sexual behavior,

and the effects upon the person and community in intervention and recovery.

OPTION 4 - Michael Morton, MA, LMFT

Compassion Fatigue— The Cost of Caring When Helping Hurts.

What is the personal

cost of the enduring struggle to be a witness and compassionate healer to the wounded? The world of those involved in caring for the ill, traumatized, grieving, and lonely is recently being evaluated in terms of cost to the helper. The long-term impact of “being there” for others can and does impact the world view, identity, and spirituality of the helper. The reality of our human nature and vulnerability to being impacted by the experiences of others is evaluated and addressed in this workshop Tuesday July 15, 2008 continued

5:15 PM MASS

6:00 PM-7:00 PM RECEPTION

7:00 PM EVENING ON YOUR OWN

8:30 PM-9:30 PM OPEN AA MEETING (Optional)

WEDNESDAY July 16, 2008

7:00 AM MASS

8:00 AM BREAKFAST

9:00 AM-10:00 AM PLENARY LECTURE

Teresa M. Kettelkamp

The Clergy Abuse Crisis and Healing in the Church in the Aftermath of its Trauma.

What does it take and can it be achieved? The abuse crisis exploded in the US Catholic Church in 2002. Trust in Church leadership seemed to evaporate and brokenness permeated the Catholic community. Ms. Kettelkamp will discuss healing in the Catholic Church and if it has or can be achieved.

10:15 AM-11:15 AM PLENARY LECTURE

Mark R. Laaser, Ph. D.

Restoring the Soul of the Church: Healing and the Wounded Healers.

How does one heal from the vicarious trauma experienced as a result of the misbehavior of others?

11:30 AM-12:00 PM Reflection and Concluding Remarks

Michael Morton, MA, LMFT

12:00 PM LUNCH

1:30 PM OPTIONAL BUS TRIP TO GUEST HOUSE TREATMENT CENTER, ROCHESTER, MN

6:30 PM RETURN FROM GUEST HOUSE TREATMENT CENTER

For those choosing to participate in the trip to our Rochester Treatment Center, Guest House will provide an additional evening's stay at the Hilton, the evening of

July 16, 2008. Please be certain to check “Optional trip to Guest House and 3rd night’s stay” on registration form.

Guest House Institute is the educational and research subsidiary of Guest House Inc. The Mission of Guest House Institute is to promote health and spiritual wellness of Catholics by providing educational services regarding alcoholism and other addictions, and by promoting and providing research in alcoholism and other addictions affecting the Catholic Church.

Culture & Commitment Schedule - Continued

Meet the Faculty

Teresa M. Kettelkamp, is Executive Director of the United States Conference of Catholic Bishops’ Office for Child and Youth Protection. She worked with the Gavin Group in conducting the first annual compliance audits for the Charter for the Protection of Children and Young People. She participated in the second year of the audits, helped develop the audit instrument, participated in the audit training workshops, and assisted in writing a draft audit manual.

Mark Laaser, Ph. D. is an internationally known author and speaker. His first book, Faithful and True, was the first Christian book to address the issue of sexual addiction. He has since written six other books including, Talking to Your Kids About Sex; his most recent is The Pornography Trap (with Dr. Ralph Earle). Dr. Laaser has compassionately ministered to hundreds of sex addicts and their families, consulted with numerous churches, developed treatment programs for a variety of hospitals, and has conducted workshops and seminars worldwide.

Arthur J. Espelage, O.F.M., J.C.D., recently joined the Tribunal Office of the Diocese of Venice, Florida. A former Judicial Vicar of the Archdiocese of Santa Fe, Fr. Espelage served as Executive Coordinator of the Canon Law Society of America in Washington, DC, from 1999 to July, 2008. A practicing canon lawyer since 1979, he also serves as canonical consultant and as a canonical advocate for his own and other religious communities.

Rev. Steven A. DeMartino, MPA, CASAC, is a Deacon in the Archdiocese of New York and an

Assistant Vice President at The National Center on Addiction and Substance Abuse (CASA) at

Columbia University. He is a frequent presenter and guest lecturer at various colleges and healthcare institutions, and maintains a consulting practice with numerous Religious Institutes in the areas of leadership supervision, health and behavioral health management and systems development, strategic planning, management and governance development, and risk management. Deacon DeMartino has thirty years experience as an administrator and clinician in addictions treatment and management.

Rev. Richard L. Chiola , Ph. D., a priest of the Diocese of Springfield, Illinois, taught pastoral theology at Yale Divinity School and St. John’s University, Collegeville. He currently is a certified sexual addiction therapist; administers St. Augustine Parish in Ashland, Illinois; and offers spiritual direction and pastoral counseling in Springfield.

John C. Gonsiorek, Ph.D., ABPP, Licensed Psychologist received his Ph.D. from the University of Minnesota in Clinical Psychology in 1978, and holds a Diplomate

in Clinical Psychology from the American Board of Professional Psychology. For many years, he provided expert witness evaluation and testimony regarding impaired professionals, standards of care, and psychological damages. He is Adjunct Assistant Professor in the Department of Psychology, University of Minnesota, and currently provides consultation to a variety of human service and religious organizations.

Dennis Henning, author of, Hiding Under The Table, One Man's Journey through an Eating Disorder, had suffered the mental and physical effects of an eating disorder for over 35 years. Through The Nutrition & Body Image Program, he built the skills and tools that led him to beat his illness and maintain his recovery process today. He has been instrumental in working with clergy and religious men who suffer from compulsive over-eating, obesity and other food related issues to make positive physical and behavioral progress. He is the Founder of The Ephesus Renewal Center, a pioneering educational facility dealing with obesity, food related issues and co-occurring addictions

OLD BUSINESS

Motion 154 to decide how to split the New Year's Eve profits was ruled out of order.

Literature Chair Election: No volunteers/no nominations.

Policy Chair Election: No volunteers/no nominations.

OPEN FORUM

Secretary (Sesany) is experiencing problems with HORDE and is seeking a resolution to retrieving monthly reports.

ICUC Dance July 11th. Flyers were at the meeting.

NEW BUSINESS

Next month there will be an election for Treasurer and Co-Treasurer.

Thank you for allowing me to of service,
Sesany F.
Secretary
952-297-7746